

Glen Loin Footpath: Arrochar to Inveruglas

Glen Loin runs parallel to Loch Lomond, a great route for exploring and admiring the Arrochar mountains without actually having to climb them! There is 5.5km of path between Arrochar and Coiregrogain plus 2km along the private road from Coiregrogain (the name for a ruined house but also for the glen to the west) and Inveruglas. Alternatively the footpath can be incorporated into a circular walk from the head of Loch Long, returning from Coiregrogain along the forest roads to Succoth (17km) Either walk can be extended by a visit to the Loch Sloy Dam.

Stronafyne Loop

Stronafyne Loop starts near Arrochar Post Office. The loop is a short 1/4 km circular walk taking in spectacular view of Ben Arthur (The Cobbler) The Cobbler is the rockiest peak in the southern highlands and rare in Scotland in requiring the use of hands as well as feet to get on to the very highest point.

Arrochar Walk

The Arrochar Walk, 3km, starts near Arrochar Village Post Office. The walk takes you from Arrochar Village to Arrochar & Tarbet Railway Station. The West Highland Railway Line runs along the edge of the Argyll Forest Park between Tarbet and Inveruglas on its way between Glasgow, Oban and Fort William. Tantalising views of Loch Lomond make it a journey well worth taking.

ARROCHAR AND TARBET WALKS

CRUICH TAIRBEIRT

Further information can be obtained from:

Forestry Commission Scotland

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<http://www.forestry.gov.uk/ArgyllForestPark>

Friends of Loch Lomond

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These walks were joint projects involving:



**Scottish Natural Heritage
Dunbartonshire Enterprise
Loch Lomond and Trossachs National Park**

**These walks are all graded as
MODERATE and so sturdy,
waterproof footwear should be worn.
Summer temperatures are mild but
rainfall may be high so waterproofs
should be taken.**

Tarbet Loop

The Tarbet Loop, 4km, starts at the Arrochar & Tarbet Railway Station. The walk is circular, climbing above Tarbet Village, through varied woodland managed by Forestry Commission Scotland.

Tarbet, in Gaelic, means "Isthmus".

Tarbet Isle Loop

This 2km walk runs parallel to one of Caulfield's Military Roads running from Tarbet to Crianlarich which is visible adjacent to the western loop of the walk behind the drystone dyke. The walk consists of a high road and a low road in a loop up to Blairannich and back finishing just south of Tarbet Isle. The path climbs up through mature Scots pine to the military road and continues through mixed conifer and broadleaves to join the 'low road' in what is now predominately an oakwood. Midway along the path there is a Caf^e. As the walk heads south the woodland changes back to more mixed woodland to finish back at the start with beautiful views down the loch.



Friends of Loch Lomond

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FOLLOW THE FOREST CODE

GUARD against all risk of fire.

PROTECT trees, plants and wildlife.

LEAVE things as you find them, take nothing away.

KEEP dogs under proper control.

AVOID damaging buildings, fences, hedges, walls and signs.

LEAVE no **LITTER**



Forestry Commission
Scotland



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Stronafyne Loop

Arrochar Walk

Tarbet Loop

Tarbet Isle Loop

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Friends of Loch Lomond
The main object of this society is to cherish, protect and enhance the natural beauty, amenity and character of Loch Lomond, its islands and the surrounding countryside.
Why not join us?